

HUNT VALLEY SWIM CLUB

Spring Newsletter

April 2009

Hunt Valley Swim Club
7100 Sydenstricker Road
Springfield, VA 22153

Mailing Address:
P.O. Box 2083
Springfield, VA 22153

Pool Phone: 703.451.9137
Information Line: 703.455.1224
E-mail: board@huntvalleyswimclub.org

Website: www.huntvalleyswimclub.org

Pool Operating Hours:

Mon – Sat 11:00 a.m. to 8:50 p.m.*

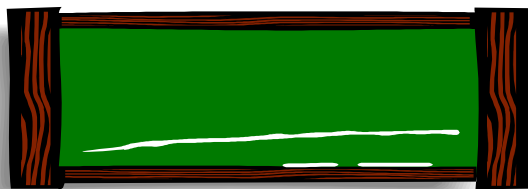
Sunday 12:00 noon to 8:50 p.m.*

* Except for swim meets, social events, etc. as announced.

DATES TO REMEMBER

- | | |
|----------------|------------------------------------|
| April 21 | Swim Team Kickoff Meeting |
| May 9 | Annual Membership Fee Due |
| May 16 | Pool Work Day |
| May 23 | Pool Opens for Season |
| June 14 | Swim Team Time Trials |
| June 20 | Swim Meet (pool opens at noon) |
| July 4 | Swim Meet (pool opens at noon) |
| July 18 | Swim Meet (pool opens at noon) |
| July 18 | Margarita Party (pool closes at 6) |
| July 26 | Swim Team Banquet |
| Sept 7 | Pool closes for the season |
| Sept 17 | Annual Meeting/Elections |

Check chalkboard at pool for more dates!



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2008 BOARD MEMBERS

President	John Morgan
Vice President	Manuel Pablo
Treasurer	Greg Redick
Secretary	Mary Chasteen
Operations	Kurt Lorenz
Buildings & Grounds	Carl Ericson
Membership	Dave Poirier
Security Systems	Donna McCraith
Social	Kerry Maxwell
Competitive Activities	Bert Mayer

BOARD MEETINGS

Monthly Board meeting minutes are posted on the HVSC website www.huntvalleyswimclub.org

HVSC Board meetings are scheduled for the third Thursday of the month at 7:00 p.m. During the warmer months, meetings will be held in the pool pavilion. Otherwise, the meetings are usually held at Hunt Valley Elementary School. All members are welcome to attend. Upcoming Board meetings are scheduled for the following dates:

May 14, 2009	September 17, 2009
June 18, 2009	(Annual Meeting)
July 16, 2009	October 15, 2009
August 20, 2009	November 19, 2009

Please check the HVSC website for the latest information.

PRESIDENTS MESSAGE

It's time to start planning for the pool opening on **Saturday, May 23rd**!

The spring clean up has been scheduled for Saturday, May 16th from 9:00 a.m. until 12:00 noon. You can earn a free guest pass by contributing just a few hours helping around the property to get us ready (See Buildings & Grounds report for details).

When the pool opens on Memorial Day weekend, we will have completed remodeling work on the bath house. The bathroom work was a major project that the board targeted last year in the response to members' requests for a more updated and convenient men's and ladies' bathrooms.

We will be moving away from mailing the two semi-annual newsletters. Instead, we will distribute our newsletters by email to our members. Please be sure that we have your email address so you can receive these newsletters. Be assured that your email addresses will not be sold or handed over to anyone or any outside organization--it will be for pool business only. The newsletters will be accessible on the website as well.

Finally, please make your dues payment by May 9th or let Membership know if you plan to rent out or relinquish your membership.

John Morgan

MEMBERSHIP

Hello members! Our membership remains very strong. In fact, our wait list is growing. If you have any questions about you membership, please feel free to call me at (703) 644-1942 or email me at davpoi@aol.com

We have several committees, including the membership committee, where we could use some help and it's a great way to meet people. If you have time to dedicate to making your club a better place, please don't hesitate to contact the membership chairs or me. Their contact information is listed on our website at: <http://huntvalleyswimclub.org>

Encourage people you know to seek either permanent or temporary membership at the Hunt Valley Swim Club so that we keep our membership strong. Lots of neighbor pools are competing for members.

See you at the pool!

Dave Poirier

OPERATIONS

Here we go with another great summer, can't wait, and as always, we are expecting our staff to keep the pool safe and looking fantastic. As with last season, we plan to focus heavily on attendance and safety. We want the guards to be more stringent on who they let into the pool, which includes the banning of problem patrons, so please be patient with them when they verify you membership. We, as the Board, have always tried to support the staff in as many ways as possible and we also ask that you, the members, try to do the same. Please also understand that the guard's main purpose is our safety and therefore they always have the authority, when it comes to safety. We have had some issues with older teenagers defying the lifeguard's requests, in the past, so, if you are witness to a staff member, looking like they might need an adult to help matters, please offer, even if a guard says they have things under control, I feel the presents of an adult will help bolster their confidence and show them support. We also expect the guards to continue performing drills while the pool is open, which may mean the water will be temporarily closed during these drill sessions. But only for about 15 minutes or so. We will try to give you plenty of notice for those times that we plan the drills. We also plan to have another safety drill, involving the local fire department, which went very well last summer. Please feel free to comment by sending me an email from the link on the website.

Off Season Actions:

- Main pool drain was modified into a dual drain system, to accommodate the recent code changes.

Some future items for discussion:

- Pavilion on the deck

- Parking Lot re-surfacing.

Pool Procedures:

- We will continue using wrist bands, to identify any persons that have not passed the swimming test, to help our guards to identify non-swimmers in areas they should not be, such as the diving board, large slide, etc. This has been successful in the past.
- Announcements to parents with non-swimmers, to please take extra care in supervising them, will also be continued. Our rule is that a parent must be “**within arms reach**” of non-swimmers, **at all times**, especially the little ones. Please make sure, if you have little ones, you don’t let them out of your reach or sight for that matter, that’s when accidents tend to happen. Safety is a job for the members, as well as the guards, and your participation will help make our facility safer.

Kurt Lorenz

SOCIAL

Plans for a fun filled summer are in the works. **OUR “KICKOFF THE SUMMER Float Party”** is tentatively scheduled for Sunday May 31. The American Celebration (Everyone’s invited) is tentatively scheduled for Sunday, July 5 and the Margarita Party is scheduled for Saturday, July 18 (ADULTS ONLY). The best deal of the summer! Additional parties will be announced (Kids, teen, float parties, last day of summer party, etc) be sure to check the information boards (Outside and Inside) for the latest information. If you have any suggestions or would like to help please don’t hesitate to contact me at (703) 644-3998.

Kerry Maxwell

COMPETITIVE ACTIVITIES

Swim Team:

Calling all swimmers under the age of 19!! Come have some fun with us this summer!! Hunt Valley’s

Swim Team Registration/Kickoff meeting will be held on April 21, 2009 at 7:30 pm at the Hunt Valley Elementary School. All swimmers are welcome. Practice begins after the Memorial Day holiday, on May 26th, 2009.

This year the Hunt Valley Stingrays will be competing in Division Seven and will be led again by Swim Team Representative, Debbie Mayer. We are also very happy to announce that Lynn Ann Nickley will be returning as our Head Coach and, Laura Milroy will return as our Head Guppy Coach.

We are adding another age bracket to our practice schedule this year to allow more individualized attention to each swimmer. **Swimmers between the ages of 9-12 will have a separate swim practice time.**

Beginning on May 26, 2009 through June 18, 2009 the practice schedule will be:

- 8 & Under 6pm-6:30pm
- 9-12 5pm-6pm
- 13 & Over 4pm-5pm

Beginning on June 18, 2009 through the rest of the season, the practice schedule will be:

- 8 & Under 7:45am-8:30am
- 9-12 8:15am-9:30am
- 13 & Over 9:15am-10:30am

The 15-minute overlap in practice times will allow the swimmers to arrive and be ready to jump in the pool when the preceding time is finished.

The Swim Team Registration form can be found at the Hunt Valley Swim Club website, under the Swim Team Information link.

Guppy Program

The Guppy program was established for our littlest swimmers who are not yet able to swim a whole length of the pool. The primary goal of the program is for the Guppy to have fun while learning to swim. Our coaches strive to help the older Guppies become proficient enough, in at least

one stroke and to join the other members of the team at one of our Swim Meets by the end of the season.

Our Guppies are considered part of the team and participate in all team events and activities. At the coach's discretion, the swimmers may move up to attend the regular practices as soon as they are ready.

To participate in Hunt Valley's Guppy Swim Program: the family must be either a permanent or temporary member of the Hunt Valley Pool; the child must be at least 3½ years of age as of June 1, 2009 and the child must be willing to get their face wet. This year a separate registration sheet for Guppy Swimmers must be completed. The Guppy registration form can also be found online at the Hunt Valley Swim Club website, Swim Team Information Link.

. Practice Schedule:

June 22nd through July 20th
Monday through Friday
8:00am-8:30am, 8:30am-9:00am
9:00am-9:30am, 9:30am-10:00am

*A Guppy skills level assessment will be held on May 26, 2009 at 6:00 pm

The Guppy Program is an excellent way to introduce your child to the joys of swimming.

Tennis Program:

Competitive Activities is looking for a volunteer to coordinate Tennis Activities for the Pool. Please contact Competitive Activities Chair.

Bert Mayer

BUILDING & GROUNDS

The HVSC spring clean up day is scheduled for Saturday, May 16 from 9:00 am to noon. We plan to clean-up brush along the path onto the pool grounds on both sides. We plan to paint a couple of outside railings and do some other exterior clean up. This off-season we have done some

replacement of fixtures and painted the interior of the bathhouse. The HVSC board hopes you enjoy the rehab and come and help us do some outside fix-up on May 16. Thanks!

Carl Ericson

TREASURER

From a Treasurer's perspective I'm pleased to let our members know the Hunt Valley Swim Club couldn't be in better financial shape. We begin the season with considerable cash reserves; sufficient to complete the pool house renovations and have funds in reserve for other planned improvements later in the year. As the new club treasurer I can also share that new measures are being instituted to better manage our funds and ensure the previous stewardship of your investment only continues. Detailed Excel spreadsheets allow me to now more accurately track income and expenses against our annual budget. This improved insight will enable Board members the ability to make better and more informed decisions on future club improvements.

Rather than let our funds simply sit in a checking account, our previous treasurer wisely invested a portion of club funds in short term certificates of deposit. I have every intention of continuing that practice to maximize our funds. As a last measure I've recently gained on-line access to club funds and as a result can immediately see all transactions, past history and CD investment information. All these measures are intended to maximize the investment of each club member, make management of our funds more efficient and accurate and most importantly, over time allow for ever more improvements to the Hunt Valley Swim Club. It's my firm desire and commitment to do my part to make your club more fun and enjoyable for all. I hope everyone has a truly wonderful summer.

Greg Redick

SECURITY SYSTEMS

The act of vandalism last year that closed the pool resulted in the purchase of two additional security cameras. Now the HVSC property is much better protected against this kind of action occurring without the ability to prosecute.

Also, in our continuing efforts to control non-member use of the pool, we will be spot-checking entries at the front desk throughout the season. Your patience and understanding of this procedure will help us improve the pool environment. Please feel free to call or email me with your comments or suggestions.

Donna McCraith

HUNT VALLEY SWIM CLUB, INC.

OPERATING RULES AND REGULATIONS

Effective January 20, 1987

Revised March 23, 1995

Revised May 23, 1996

Revised April 16, 2005

Revised April 13, 2007

Revised April 12, 2008

Revised March 11, 2009

A. MANAGEMENT.

1. The pool manager or his/her designated representative is responsible for the safe and proper operation of the pool facilities. The manager acts as the agent of your Board of Directors and is empowered to eject from the club premises any person or persons failing to observe proper conduct. Comments or complaints concerning the operation of the swim club should be referred to the Chairman of the Operations Committee.

2. Under special circumstances sections of the operating rules and regulations can be temporarily suspended by a quorum of the Board of Directors.

3. A bulletin board, which will be under the control of the operations committee, will be maintained only for posting pool and pool-related notices only.

4. Neither the swim club nor the pool management is responsible for the personal property of members or guests. Lost articles not claimed at the pool office within seven days may be disposed of at the discretion of the Board of Directors.

B. MEMBERSHIP IDENTIFICATION.

1. Each head of household will fill out and submit a membership data form prior to use of the swimming facility. These forms will request the following information: Member's name; membership number; address; emergency phone number; home phone number; names of family members and ages of members under 18; emergency medical data; date swim test passed. (Note. The requirement for the swim test only applies to children ages 8-12 years old. The information will be added to form when accomplished, with the signature of pool management personnel administering test).

2. Separate Photo ID cards will no longer be created and used for entry into the pool. Members will fill out an emergency care card, and attach photographs of the family members to the back of the card. The pool management will use the attached photographs to verify family membership

3. Members may designate supervisory personnel (maids, sitters, etc.) to accompany their children to the pool. A designated supervisor may not enter the water unless he/she is a HVSC member or registered guest. The designated supervisor must also conform to the age requirements as stated in Section H.

1. Swimming and diving lessons require a fee and will be given only by the pool staff.

2. Schedules and rates will be posted at the pool.

C. SWIMMING AND DIVING LESSONS.

1. Swimming and diving lessons require a fee and will be given only by the pool staff.

2. Schedules and rates will be posted at the pool

D. POOL HOURS.

1.	Pool cleaning and general maintenance (Pool closed)	7:00 a.m. - 8:00 a.m. (Mon-Fri) 10:00 a.m. - 12:00 p.m. (Sun)
2.	Swim team practice	8:00 a.m. - 10:00 a.m. (Mon-Fri)
3.	Swim lessons	10:00 a.m. - 11:00 a.m. (Mon-Fri)
5.	Swimming competitions	See Section E
6.	Pool parties	To be announced

7. Social Events. Special nights for adult, teen, or pre-teen members of the HVSC may be established at the discretion of the Board of Directors. Special rules will apply. Whenever it is necessary to close the pool to general swimming because of special events of any kind, a notice to this effect will be posted on the pool bulletin board at least one week in advance.

8. The pool will be closed by the pool manager during inclement weather or, if in his/her opinion, a hazardous condition exists.

9. No private parties, that would close the pool to members of the HVSC for general swimming, are allowed at the HVSC.

E. SWIM MEETS.

1. The pool will be used for scheduled competitive events.
2. Scheduled dates and times for the events will be posted at the pool. Normally swim meets will be held on Saturday mornings and Monday evenings.
3. The pool will be closed to general swimming during competitive events and for a reasonable period before and after the events.
4. The pool area will be cleared immediately following events for the purpose of making the pool ready for general membership swimming.

F. HEALTH, SAFETY AND GENERAL CONDUCT.

1. The following are not allowed in the pools or adjacent areas:

- Chewing gum and chewing tobacco
- Face masks with breakable lenses

- Running, pushing, wrestling, and horseplay
- Litter of any kind including tobacco products
- Spitting, spouting water or blowing nose in pool
- Pets
- Obstruction of doorways and entrance with lawn furniture
- Smoking or use of other tobacco products.

2. In addition to items in Section F. 1. above, the following are also excluded from the pool and adjacent concrete areas: glass containers of any kind; all food and beverages.

3. All bathers must take a shower in the bath house before entering the pool. A foot shower must be taken prior to entering the pool from the grass area.

4. Admission will be refused to anyone wearing bandages or with skin abrasions, colds, coughs, extremely inflamed eyes, open sores, infections, excessive sunburn, and/or nasal or ear discharges.

5. All injuries occurring on the premises must be reported to the pool manager immediately.

6. Adults and children unable to demonstrate to the lifeguards their ability to swim will be restricted to chest-deep or shallower water. Parents shall make arrangements with the pool manager or his/her designated assistants for children to take the prescribed swim test.

7. Any individual that cannot control bodily functions can not go into the main pool without wearing a cloth diaper and plastic liner. County health rules provide that when pool contamination of this type occurs, the pool may have to be drained and refilled. This requirement may, therefore, render the pool unusable for three or four days and cost several hundred dollars in water and chemicals. Also, children not completely toilet trained must wear rubber pants when using the wading pool.

8. Life jackets checked by a lifeguard for proper fit and adjustment may be permitted at the pool manager's discretion.

9. Life rings, small rafts, fins and face masks may be permitted at the pool manager's discretion. Soft toys may be permitted at the pool manager's discretion.

10. Cut-off jeans and other street clothing will not be allowed in the pool.

11. The pool manager has the authority to rope off certain areas of the pool and restrict the use of these areas to certain activities.
12. Lounge chairs are available on a first-come first-served basis. Chairs vacated for periods in excess of 15 minutes are automatically available to those waiting. Chairs and tables are not to be used for storing personal effects. Chairs and lounges are to be picked up by frames, not the straps.
13. All members and guests will respect the property rights of homeowners in the immediate neighborhood of the pool. Members and guests will not use lawns for short-cuts or in any way violate the rights of others. Violation may result in suspension of swimming privileges.
14. Broadcasting devices will be kept to a moderate volume as determined by the pool manager.
15. The Fairfax County Police and Fire Departments are authorized to enter the pool premises at any time and exercise the same authority as in any public place.
16. No alcoholic beverages are permitted on club property except during authorized adult social activities. Violation is grounds for suspension.
- 16a Unlawful drugs are never permitted. Violation is grounds for suspension.
17. Abusive, offensive, or profane language will not be permitted on the club property. Violation is grounds for suspension.
18. Unauthorized persons entering the pool area will be considered trespassers. Trespassers and vandals will be subject to criminal and civil prosecution to the full extent of the law.

G. SLIDE AND DIVING RULES.

1. Only one person may be on the slide, ladder, or diving board at a time.
2. Diving is prohibited until the previous diver has cleared the area below the board and reached the ladder.
3. Diving is permitted off the front end of the board only.

H. CHILDREN.

1. Members 8 through 12 years old may attend the pool unaccompanied by a parent or a designated supervisor until 6:00 p.m., provided they have passed a prescribed swim test as established by the pool manager. Once a child has passed the swim test at HVSC, the said child does not have to retake the test the following year, provided that records are maintained. If a parent wishes to deny a child entrance to the pool, a statement to that effect must be submitted to the pool office.
2. Members under 8 years of age, and those members 8 through 12 who have not qualified as swimmers, and all members 12 years of age and under attending the pool after 6:00 p.m., must be accompanied at the pool by a parent or designated supervisor. The designation of a supervisor must be made by a parent of the child being supervised and the supervisor must be 15 years of age or older.
3. All members under 8 years of age, and those members 8 through 12 who have not qualified as swimmers, must be under the direct supervision and within "arms-reach" of a parent or designated supervisor at all times that the child is within the HVSC facility, including the deck, restrooms, grounds, and parking lot, as well as the pool.
4. To prevent over-fatigue, a minimum 10-minute rest period, at the end of every hour on the hour for children under 16 years of age, will be observed in the main pool. The pool manager has the authority to vary the length of this rest period and/or to provide additional rest periods.
5. Children over the age of 6 will not be allowed in the wading pool.

I. PARKING LOT.

1. Maximum speed limit is 10 miles per hour. Pedestrians and bicyclists always have the right of way.
2. Bicyclists must use the area provided for parking bicycles.
3. Children shall not be summoned by blowing car horns.
4. The parking lot is intended for the parking of members and pool staff vehicles and only during the use of club facilities.

J. GUEST REGULATIONS.

1. Authorized guests are those who, after having been initially registered at the gate by a club member prior to utilizing any club facility and having paid appropriate "Guest Charges" are escorted and supervised by a club member at all times while utilizing club facilities. (Guests 12 years of age or younger must be accompanied at all times by a club member 13 years of age or older.)
2. Guests are subject to the same rules and regulations as club members, and since club members assume full responsibility for any guest, any infraction of the HVSC Rules and Regulations by a guest could result in the responsible club member being penalized.
3. Guest privileges may be temporarily restricted at certain times to preclude overcrowding of the facilities. Notice of such restriction will be posted at the gate.
4. "Guest Charges" collected for guests who are subsequently determined to not be authorized guests are not refundable.
5. "Guest Charges" are refundable only when club facilities must be closed by the management at times other than normal closing times, and then only if the club facilities are closed for more than 50% of the time for which a guest pass has been issued, at which time, if requested, an appropriate pro-rata refund will be made.

K. GUEST CHARGES.

1. Guest charges will be covered by obtaining a guest pass. A numbered guest pass may be purchased from the pool staff in the amount of \$20.00 during regular pool hours. Guest passes must be signed by the member in order to be valid. Guests will be required to sign the log upon entering the club house.
2. A limit of 4 passes will be sold to each member each season. Passes will remain valid from one season to the next. A waiver of the limit may be obtained through one of the members of the Board of Directors.
3. A pass will entitle the member to 10 guest admissions.



HUNT VALLEY SWIM CLUB, INC. TENNIS RULES AND REGULATIONS

Revised April 3, 2001
Effective March 27, 2001

1. Only Club members and their guests may use the tennis facility. Members must accompany their guests.
2. Unauthorized persons entering the tennis court area will be considered trespassers. Trespassers and vandals will be subject to criminal and civil prosecution.
3. Use of the tennis facility is limited to proper tennis use; no skateboarding in-line skating, bicycling or other activity other than tennis is permitted.
4. Tennis courts are available to Club members on a first-come first-served basis.
5. Time Limits: When Members are waiting to use the courts, playing time is limited to one hour of singles and 1½ hours of doubles.
6. Members must enter the tennis courts through the door using the Club issued key or access code. No other means of entrance will be permitted.
7. Members must lock the entrance to the tennis courts and turn off lights when leaving the courts.
8. No eating, smoking or alcoholic beverages are permitted on the tennis courts.
9. Members shall help keep the courts in an orderly condition. Debris and/or trash should be removed before leaving. Members should report any damage on the courts to the Board.
10. All members and their guests shall respect the property rights of homeowners in the immediate neighborhood surrounding the tennis facility.
11. Pushing, wrestling, and horseplay are not allowed in the tennis facility or adjacent areas.
12. Littering of any kind, including tobacco products, is not permitted. All trash shall be placed in proper containers.
13. The playing of broadcasting devices on the tennis courts is not permitted.
14. Abusive or offensive language will not be permitted on Club property.
15. Skateboarding, in-line skating, bicycling and riding of scooters is not allowed on the Club property.
16. All injuries occurring on the premises must immediately be reported to the pool manager or the Board.
17. Proper identification must be presented to the staff or member of the Club upon request.
18. The parking lot is to be used only for the parking of member and pool staff vehicles during the member's/staff's use of the Club facilities.
19. Members of the Club will help enforce these rules and report concerns to the Tennis Chair, the pool management, or the Board. Reports of any incidents shall include:
 - Date, time, and the name of member(s) and/or trespasser(s) involved in the incident.
 - Explanation of the incident, including the rule/regulation which was broken, and if appropriate, how the rule/regulation was broken (i.e., method used to gain access).
 - Their reaction to your questions.
 - Your recommendations for any follow-up action.
20. Police of Fairfax County are authorized to enter the Club premises at any time and exercise the same authority as in any public place.
21. Use of all other Club facilities is governed by the Club's Operating Rules and Regulations.

