



## Hunt Valley's Guppy Program - Summer 2010

Welcome to Hunt Valley's Guppy Program! The Guppy program was established for our littlest swimmers who are not yet able swim a whole length of the pool. The primary goal of the program is for the "Guppy" to have fun while learning to swim. Our coaches also strive to help the older Guppies become proficient enough, in at least one stroke, to join the other members of the team at one of our Swim Meets by the end of the season.

Our Guppies are considered part of the team and participate in all team events and activities. At the coach's discretion, swimmers may move up to attend the regular practices as soon as they become ready.

**Practice Schedule:** June 28<sup>nd</sup> through July 26<sup>th</sup>  
Monday through Friday  
8:00am-8:30am, 8:30am-9am, 9:00am-9:30am, 9:30am-10:00am\*

\*A mandatory skill level assessment day will be held at 6pm on June 1st (first day of team practice), all Guppy Swimmers should plan to attend. Practice times will be assigned by the Head Coach based on skill levels; please advise us if there are other children in the family on the swim team as we will try to have your guppy swim at the same time as your other children.

**Cost:** The cost for each Guppy swimmer is \$115.

**Coaching Team:** The Head Coach of our Guppy Program is Laura Milroy. She will be assisted by senior swim team members. Our coaches are experienced and have been working with our program for several years. Our practice times are structured so that our ratio of coaches to swimmers is no more than 1:4.

**Requirements:** In order to participate in Hunt Valley's Guppy Swim Program: the family must be either a permanent or temporary member of the Hunt Valley Pool; the child must be at least 3  $\frac{1}{2}$  years of age as of June 1, 2010 and; the child must be willing to get his/her face wet as well as be comfortable (not fearful) in the water. A registration forms separate from the regular swim team registration sheet form must be completed for all Guppy Swimmers.

**Team Swimsuits and Apparel:** Team suits are **not** required for the Guppy Swim Program but can be purchased from Sportfair at 5010 Lee Highway, Arlington, if desired. Each child will receive a special Guppy tee-shirt which should be worn on Wed, June 30<sup>th</sup> for our team picture day. Goggles and swim caps can be purchased from the team during practices.

**Volunteering:** Parent involvement, help and support are an essential part of the Hunt Valley Swim Team. Families with only Guppy Swimmers do not have any volunteer requirements but are encouraged to support team activities, especially the team breakfasts. We also ask Guppy parents to give praise to their swimmer every day. If you would like to come to a swim meet and volunteer or help the team in another way that would be greatly appreciated.

Please feel free to give me a call or send me an email if you have any questions or concerns. I am looking forward to a great season.

Linda Buckner  
Hunt Valley Swim Team Representative  
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